



FREE CULINARY JOB TRAINING

Second Helpings offers a free, intensive 7–week Culinary Job Training program to help adults learn culinary skills to change their lives.

Graduates have gone on to form successful careers in restaurants, hotels, and other foodservice operations.

**INTERESTED? ATTEND
AN INFO SESSION!**

Friday, November 2nd at 10am
Friday, November 9th at 10am
Tuesday, November 13th at 10am

For more information, contact Karissa Morris at karissa@secondhelpings.org or call 317–632–2664 ext 114.

Second Helpings, The Eugene & Marilyn Glick Center
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